



FH SWITZERLAND
FOOD FOR THE HUNGRY



Annual report 2021



New "Learning 360" program



The year 2021 was the launch of the new "Learning 360" program co-financed by the Swiss government's Swiss Agency for Development and Cooperation (SDC). FH Switzerland is one of the three partner organizations of the Interaction umbrella organization that developed this international program for the period 2021-2024. "Learning 360" is a holistic approach to building the capacity of vulnerable populations in 8 countries with fragile circumstances. The program is built around a broad educational and learning approach, contributing in total to 11 Sustainable Development Goals (SDGs) of the 2030 Agenda. In total, more than 500,000 people will benefit from this program. The part managed by FH Switzerland is the program "Cultivating the Agroecological Transition" and represents 9 projects. It brings together FH Switzerland's vast experience of projects training farmers in the field in 4 countries of the Great Lakes region in Africa: Burundi, Eastern Congo (DRC), Uganda and Rwanda.



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**Swiss Agency for Development
and Cooperation SDC**

FH Switzerland is an association based in Geneva, created in 1996, with a branch in German-speaking Switzerland. FH Switzerland is part of the international network of Food for the Hungry International (FHI), and is a member of the Geneva Federation of Cooperation (FGC) and of the umbrella organization Interaction.

Director: Daniel Hahling

Committee (photo): Patrick Fuchsloch (president), Armand Heiniger, Edmond Granges (vice-president), Robertine Sanvura, Sharon Bentzen, Françoise André (absent).



This annual report features a project from each of our focus areas: education, health, agriculture and advocacy. It also presents a project carried out within the framework of the fight against the Covid-19 pandemic. To discover all our activities, please visit our website: fh-switzerland.org.



Courage and dynamism in the face of new challenges

Patrick Fuchsloch, president, and Daniel Hahling, director

The year 2021 ended with a hopeful end of the critical Covid-19 phase. The world has realized that it is not in control of everything on the earth and that it will still have to deal with the multiple consequences of the pandemic. The impact of excess CO₂ is increasing at a catastrophic rate. The populations suffering from hunger and living precariously have lost their visibility with the Covid crisis and the war in Ukraine. **Our projects in Africa that were demonstrating growing progress are**

now facing new challenges with the coming food and energy shortages and the ongoing climatic impacts.

The courage and dynamism shown by our partners in the field during this year has made us confident that the precarious situations and poverty will continue to improve in the years to come. **This is due to the faithful and indispensable support of our donors. We thank all of you!**

A big thank you also to the team of FH Switzerland and its supporters, partners and sponsors who have committed themselves to the launch of our new program (see opposite) and its projects for the improvement of food sovereignty and the resilience of the poorest. This work becomes even more meaningful with each new scientific report, which attests to the relevance of an agriculture that respects the earth and the families that benefit from its harvests.

AGRICULTURE

Our goal:

That families no longer suffer from hunger due to the learning of agroecological practices. These methods allow the farmers to increase their harvest and improve their crop production.

Our agricultural projects focus on the development of production and marketing capacities as well as on the management of the environment of the farmers' surroundings. The objective is to promote food sovereignty in the rural communities concerned.



My crops have more than doubled!

"I was chosen by FH Burundi to be a model farmer. As such, I have benefited from many training sessions dedicated to improving my farming techniques. I set up demonstration fields on my land to share these new methods with my neighbors. I also learned how to produce more seeds. Today, I am accredited by the National Office for Seed Control and Certification (ONCCS) and now my neighbors purchase seeds from me.

Among the people I have trained, 7 of them have adopted agroecological techniques and 3 use the push-pull technique (which is natural pest control method for corn cultivation). My situation has improved tremendously: my bean and corn harvests have more than doubled. My income has increased to the point that I was able to buy another field and 2 cows. I am very thankful to FH for helping me get out of poverty and being able to support my family."



Adélaïde (48 ans), widow, farmer and mother of 7 children in Burundi (Kabarore).

PROJECT COMPLETED IN BURUNDI

Promoting the agro-ecological transition in the North of Burundi

Where: Provinces Kayanza, Ngozi and Kirundo. Communes of Kabarore, Mwumba, Busoni and Bugabira.

Number of beneficiaries: 5'800 direct beneficiaries - model farmers and their students - and 34,000 indirect beneficiaries - families and individuals from surrounding communities.

Objective: To improve food security through the dissemination of agroecological practices.

Activities and results: through this project, **444 farmers have been selected and trained to become "model farmers"**. They learn basic agroecological techniques, natural pest control methods and how to improve soil fertility. Then each of them trains a dozen farmers so that they can sustainably improve their production. For this project, conducted in partnership with Biovision and supported by the SDC within the framework of the "Cultivating the agroecological transition program", we collaborated with the University of Ngozi, the Institut Scientifique de Recherche Agronomique du Burundi (ISABU) and the Office National de Contrôle et de Certification des Semences (ONCCS). **The 49 model farmers were trained in seed production, of which 20 were certified by ONCCS as accredited professionals. Studies have also been conducted to measure the impact of agroecology on the yield of different crops.**

THIS PROJECT CONTRIBUTES TO THE FOLLOWING SUSTAINABLE DEVELOPMENT GOALS (SDGs)



MAIN RESULTS

5'772 farmers trained in agroecological practices.

20 farmers trained in seed production have been accredited by the ONCCS.

x2 Corn and bean production yields doubled.

EDUCATION

Our goal:

That children and their families can develop their potential.

Our projects allow all the children of a community to go to school. We accompany families so that they can improve their daily life in a global way: education, food, health and agriculture.



Our life has gradually improved.

"We have suffered from poverty. We could only eat once a day and not enough. Our children were exhausted by hunger and often did not go to school. We could not afford school materials or health insurance. We had no hope for our future. With the support of FH, we started to participate in the training sessions they offered (agriculture, vegetable gardens, nutrition, savings, entrepreneurship). We received a cow thanks to the chain of sol-

idity (a family receives a cow; its calf is given to another family and so on). Our situation has gradually improved and today I get a good harvest of corn from the fields and vegetables I grow in my garden and the milk from our cow which allows us to eat balanced meals each day. I recently opened a small shop. I am very grateful to FH because my oldest son has just graduated as a teacher and will continue his studies at the university."



Consolée, entrepreneur and mother of 6 children, in her small store in Rwanda (Gatunda).

ONGOING PROJECT IN RWANDA

Community development

Where: Eastern Province, Nyagatare District, Gatunda Sector, Nymikamba Cluster

Number of beneficiaries: 7'400 people in 10 villages.

Objective: To improve living conditions in a comprehensive way: education, health, agriculture, and economic development.

Activities and achievements

- **Health 1370** people have new access to water following the extension of a pipe in Gitega.
- **Agriculture 51 pigs and 62 goats** (offspring of Nyamikamba animals) were given to new people.
- **440 farmers were trained in agroecological techniques.**
- **403 families have installed a small kitchen garden for growing vegetables, as a result of the training they received.**
- **Vocational training** 23 young people trained in hairdressing and 23 in sewing (training in progress).
- **School equipment** the school of Kabeza was equipped with 35 chairs and 12 tables for children and 3 tables and chairs for teachers.
- **Economic development** 31 savings and loan groups were created, with over 843 members.
- **Entrepreneurship 204 people were trained and were able to set up a small business.**

THIS PROJECT CONTRIBUTES TO THE FOLLOWING SDGs



MAIN RESULTS

1370 people have access to drinking water.

46 young people received vocational training.

440 people were trained to improve their banana crops.

HEALTH

Our goal:

Improve access to healthcare to aid in breaking the cycle of poverty.



Our health project seeks to improve access to drinking water and healthcare which contributes to the overall improvement of healthcare infrastructure and establish good hygiene practices.

Together we can do better!

"We have been accompanying our sisters who are victims of the human wickedness for over ten years. However, this is the first time that we have had so much joy in going to them to present such a promising project. We told them: 'Together we will restore our infertile fields and produce better crops and our lives will change. Let's have confidence

in ourselves, we are not so poor and we can do wonders together. We can save money to stop living from day to day. Together we can do better!'

I know that with the trainings we have already received, our lives will change, and we will have a better future."



Ms. Mugoli, president of OBC Katogota in South Kivu (Congo DRC).

ONGOING PROJECT IN THE DEMOCRATIC REPUBLIC OF THE CONGO (DRC)

Support for women victims of sexual violence

Where: South Kivu, Katogota

Number of beneficiaries: 90 women aged 17 to 49.

Objective: To accompany women victims of sexual violence and to promote their reintegration into their communities.

Background: In coordination with the Foundation of Dr. Mukwege (Nobel Peace Prize winner) and Panzi Hospital, we began our support to women victims of sexual violence in 2018. Our first project in Kavumu ended at the end of 2021. **It allowed 65 young girls to reintegrate into their community following accompaniment and vocational training (rabbit breeding and training in basketry and sewing).** Dr. Mukwege has convinced us to continue our support in Katogota to the Itara group, which sadly has a large number of survivors of sexual violence. We collaborate with the OBC Katogota* group (Organization Community Based Katogota) which takes care of the medical and psychological care of the women. These women wanted to receive agricultural training in order to increase their crop production and their income.

Activities: 8 OBC facilitators have been trained by FH in agroecology and in the organization of village savings and credit associations. Each one transmits her knowledge to a group of 12 women. The beneficiaries will receive seeds and animals for raising small livestock and poultry.

THIS PROJECT CONTRIBUTES TO
THE FOLLOWING SDGs



MAIN RESULTS

90 women who were victims of sexual violence have been trained in agroecological techniques.

*OBC was created in 2000 on the initiative of the women of Katogota to help victims of sexual violence who had difficulty confiding in male caregivers or social workers during their treatment. It has become the center of the fight against all forms of violence committed against women.

ADVOCACY

Our goal:

To make the population aware of the importance of food sovereignty and the global food system through actions in Switzerland.

On October 16, 2021, we had the opportunity again of proposing an event for the World Food Day, after 2 years of absence due to COVID-19 and sanitary restrictions. The event took place in partnership with other NGOs of the Platform Food Sovereignty of the Geneva Federation of Cooperation in the beautiful setting of the Gardens of Mamajah (commune of Bernex, Geneva). The theme was "Young People and Agroecology in Switzerland and in Africa". There were workshops, conferences, film screenings and speed networking with students wishing to get involved in the associations. This day was rich in exchanges and interactions.



FIGHT AGAINST COVID-19

We can receive our patients with dignity

"In our Health Center, we offer a range of services, but we lack space. Everything is done in one small block that is in poor condition. Patients are forced to wait outside: patients and pregnant women lying under trees waiting for their turn are common occurrences. The situation became even more problematic with the COVID-19 pandemic and the mas-

sive influx of people to the Health Center: we could not observe the distances required to avoid contamination. Patients and staff were put at risk. It became urgent to have an additional sheltered and shaded space. Today we are very happy with this new space which allows us to receive our patients efficiently and in better condition. This space can also be

used for other activities (vaccinations, training, etc.) or meetings of the Health Center."

Alice, a nurse at the Lokales Health Center in eastern Uganda.

PROJECT IN UGANDA

Access to drinking water and improvement of hygiene

Where: Amudat District, Lokales, Kaetuko Village

Objective: To reduce the impact of COVID-19 through improved hygiene and health infrastructure.

Background and Achievements: We have been in the Amudat area since 2018 with an agricultural support project. The needs are immense and access to clean water a big challenge. With the pandemic, hygiene issues have been exacerbated. To address this, we built, with co-funding from Interaction, a new shelter for the Health Center and a borehole to provide clean water to the village of Kaetuko.



THIS PROJECT CONTRIBUTES TO
THE FOLLOWING SDGs



MAIN RESULTS

877 people have access to drinking water due to the construction of a well in the village of Kaetuko.

12'040 people benefit from a new shelter at the Health Center in Lokales.



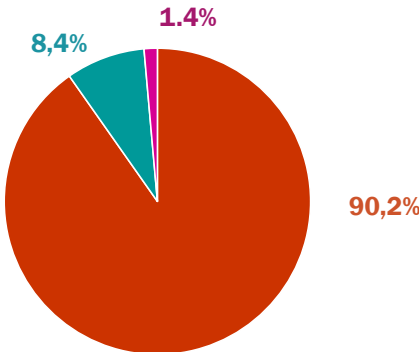
Our support in 2021

Breakdown of our support by area:

Farming 90,2%

Education 8,4%

Health 1,4%



Financial Report 2021

Operating account 2021 (in CHF)

INCOME	2021	%
Public contributions		
SDC (via Interaction)	523'834	37,6%
Geneva Federation of Cooperation (FGC)	341'000	24,5%
Other donations		
Foundations, churches, companies	314'857	22,6%
Private donations and membership fees	212'487	15,2%
Other income	1'380	0,1%
TOTAL REVENUES	1'393'558	100%

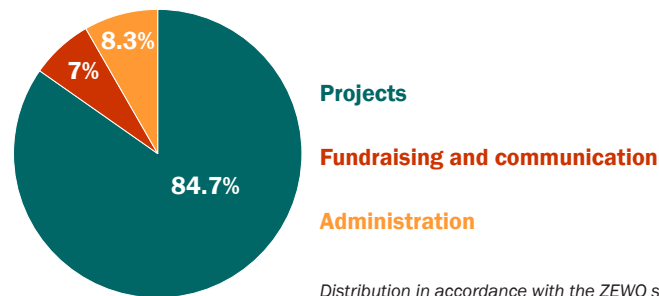
EXPENSES	2021	%
Project expenses	1'183'624	84,7%
Fundraising, communication	97'222	7%
Administrative expenses	116'047	8,3%
TOTAL EXPENSES	1'396'893	100%

Result before change in funds -934

Change in funds 68'397

RESULT FOR THE YEAR 67'463

Distribution of expenses



Distribution in accordance with the ZEWO standard.

In 2021, with the start of our "Cultivating the Agroecological Transition" program, our revenues have increased. The increase in expenses was kept under control by limiting the expenses for administration and fundraising. We were able to close the year with a positive result.

FH Switzerland has the Zewo quality label, which guarantees the efficient use of donations in accordance with the association's goals and financial resources.

The accounting system complies with Swiss Gaap RPC 21 standards.

The accounting is controlled by CRF REVISION SA, 1260 Nyon.

The complete financial report is available on our website:

www.fh-switzerland.org

Financial Report 2021

Balance sheet as of December 31, 2021 (in CHF)

ASSETS	2021	%
Liquid assets	298'315	76%
Other short term assets	37'867	10%
Accrued assets	40'212	10%
Total current assets	376'394	96%
Tangible fixed assets	2'864	1%
Financial fixed assets	11'458	3%
Total fixed assets	14'322	4%
TOTAL ASSETS	390'716	100%

LIABILITIES	2021	%
Debts for purchase of services	3'291	0,8%
Other short term debts	11'625	2,9%
Accrued liabilities	33'891	8,7%
Total short term liabilities	48'807	12,5%
Fund capital	256'526	65,5%
Association's capital	85'383	22%
TOTAL LIABILITIES	390'716	100%

How to support FH Switzerland?

Make a donation

By making a donation, you help families in need in a concrete way.

Make regular donations (sponsor)

- You offer long-term targeted help to vulnerable families.
- You will receive an annual report depending on the country chosen (Burundi, Rwanda, Uganda)
- You can deduct all donations made to FH Switzerland from your taxes.

Become a member of the association

As a member, you can attend our general assembly and participate in the life and decisions of the association.

Amount of the annual fee:

- Individual Membership fee **100.-**
- Youth Membership (- 25 years old) **40.-**
- Family Membership fee **150.-**

Doing volunteer work

Do you have some time and want to get involved in our association?

We need support in various fields:
envelope stuffing, translations, writing and proofreading of texts, preparation of events, assistance in project management.

Do not hesitate to contact us!

info@fhsuisse.org



Thank you very much to all of you who believe in and support our projects.

2021 has been a year of partial recovery from the Covid crisis which has impacted each of us on many levels.

Thanks to your faithful support, we have been able to continue our help on the ground and we are very grateful.

Our thanks go to all of you - individuals, companies, foundations, churches, the Geneva Federation of Cooperation, Interaction - who believe in our projects.

We also thank the committee, the volunteers and all our partners who have been a precious and efficient support throughout the year.

We are grateful for your help and look forward to continuing our commitment with you.

Who are we?

FH Switzerland supports rural families suffering from hunger in the Great Lakes region of Africa (Burundi, Rwanda, Uganda, Congo DRC). As pioneers in agroecology, we have been working for the past decade with communities, leaders and families to develop a form of agriculture and raising livestock that meets their needs for food security and improves productivity and quality of life.



15'577 farmers have been trained in agroecology through our projects in 2021.



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Mettons le monde en mouvement

